



Data Report: March 2023

(showing data to the end of February 2023)

This report provides data on Foodbank use from 2019 to the present.

Key messages from the data:

After a reduction in visits between September and December last year, we saw a significant increase in January. That increase continued in February, whereas in February over the last 3 years we have seen a reduction (see the graph on page 2). In February we had nearly 11% more visits than in February 2022. That increase is in spite of the changes we made July 2022 to limit people to one parcel per week (see below).

The graph on page 3 shows that the increase in visits in January and February has been particularly marked in relation to single and family parcels – the number of parcels for couples reduced in February. However, there has been no real increase in the proportion of family parcels we have distributed over the past year – it has fluctuated between 32 and 36% of the parcels we have distributed every month.

Since the end of March 2021, we have recorded the number of adults and children who we are providing with food – since then, 35% of those people receiving food from us were children. In 2023, the proportion has been 34%.

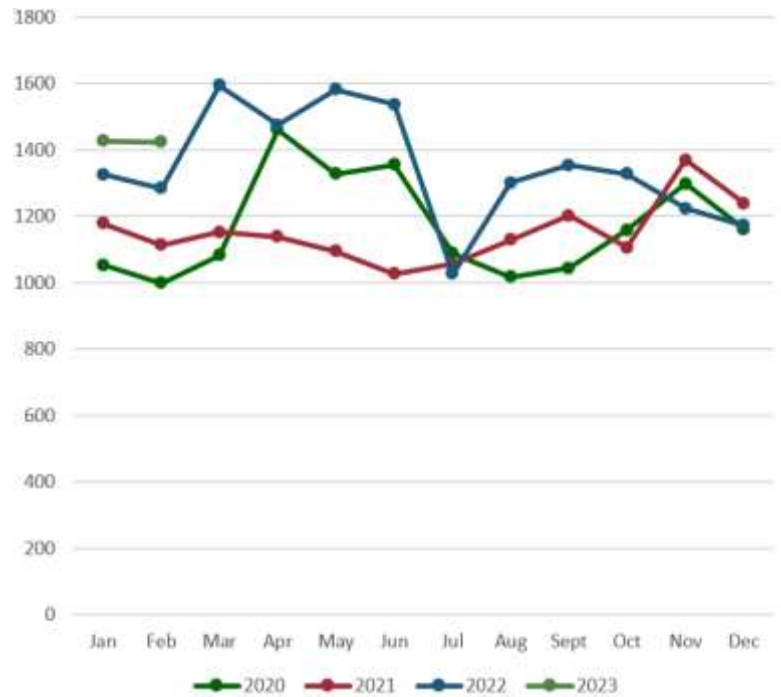
The percentage of children receiving food in our various distribution points continues to vary as shown in the graph on page 4 – at both Linton Lane and Viewforth there is a considerably larger percentage of children who receive food from us, when compared to New Volunteer House and Burntisland.

The graph on page 6 shows the number of different parcel sizes we gave out in January at each of our distribution centres. It shows a continued clear difference in the proportion of different parcels given out – there are considerably less family parcels given out at New Volunteer House and Burntisland. At both Linton Lane and Viewforth, the most common parcel size was family parcels.

NB: In July 2022 we made significant changes to our way of working as from that date we limited people to one food parcel per week. Previously, we limited people to one every 3 days, so some received more than one parcel in a week. Our volunteers may still provide some extras in the same week, but not more than one food parcel. We required to make these changes as the increase in demand for our services, increases in food prices and reductions in donations meant that we were not financially sustainable. This change is very likely to have reduced the number of visits we record each month since mid-July.

Table and graph showing number of visits in 2020, 2021 and 2022 —the table also shows the change from the same month in the previous year as a percentage

	2022	2023	% change from 2022
Jan	1326	1427	7.6%
Feb	1285	1424	10.8%
Mar	1595		
Apr	1475		
May	1582		
Jun	1537		
Jul	1027		
Aug	1301		
Sept	1354		
Oct	1327		
Nov	1223		
Dec	1173		



Graphs and table showing the different parcel sizes given out and the total number of meals provided in 2020—2023 (table and one graph on next page)

(NB the total number of meals figure is calculated by multiplying the number of parcels x size of parcel (single, couple or family etc) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. As 'Extras only' means that a full parcel was not given on that visit, they have not been taken into account in calculating the total number of meals or people provided with food.)

Graph showing the total number of meals provided

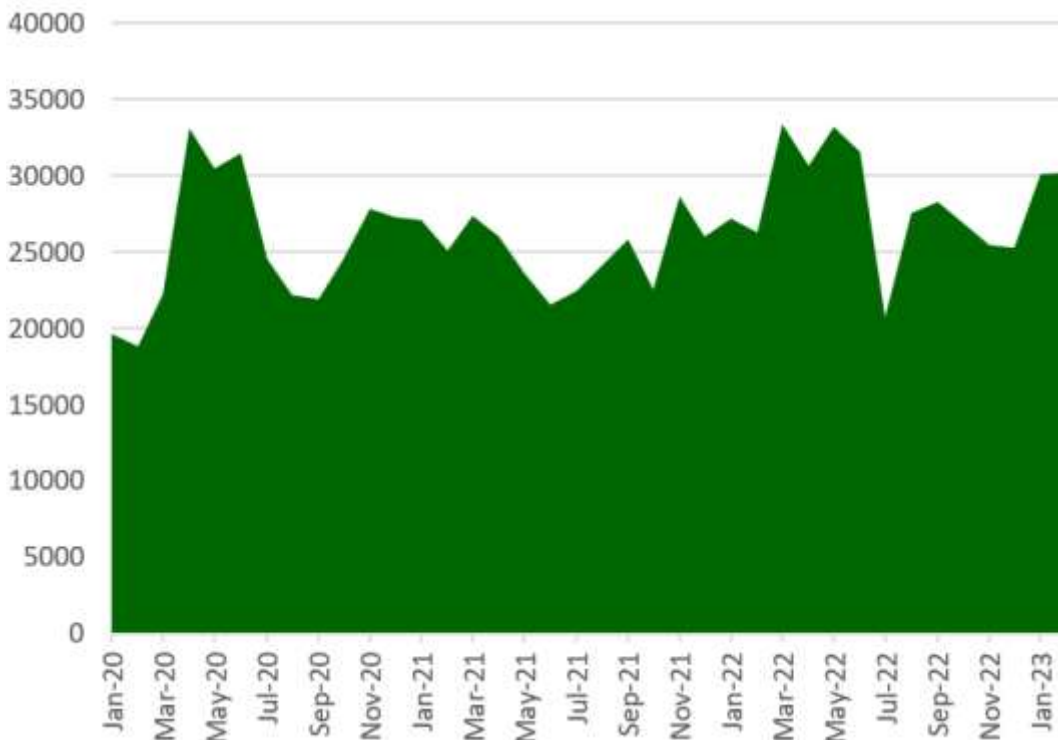


Table showing the different parcel sizes given out and the total number of meals provided in this and the previous year

month	Single	Couple	Family	Single + Couple	Other (including extras only (not included in total meals or people))	Total number of meals provided	%age change from previous year in number of meals provided	proportion of singles	proportion of family
Jan-22	510	373	439	4	94	27216	0.5%	38.46%	33.11%
Feb-22	496	349	434	3	97	26325	4.8%	38.69%	33.85%
Mar-22	606	426	562	1	99	33381	22.0%	37.99%	35.24%
Apr-22	573	383	514	5	81	30690	18.0%	38.85%	34.85%
May-22	618	392	570	2	98	33192	40.5%	39.06%	36.03%
Jun-22	619	391	527	0	76	31581	46.4%	40.27%	34.29%
Jul-22	415	280	331	1	41	20718	-7.6%	40.41%	32.23%
Aug-22	466	367	463	5	70	27603	14.6%	35.82%	35.59%
Sep-22	503	376	473	0	69	28323	9.5%	37.20%	34.99%
Oct-22	514	388	423	2	88	26892	19.2%	38.73%	31.88%
Nov-22	448	357	415	3	98	25479	-10.9%	36.63%	33.93%
Dec-22	400	341	428	4	95	25254	-3.1%	34.10%	36.49%
Jan-23	531	383	512	1	108	30132	10.7%	37.21%	35.88%
Feb-23	530	375	516	3	131	30177	14.6%	37.22%	36.24%

Graph showing the different parcel sizes given out: 2020—2023

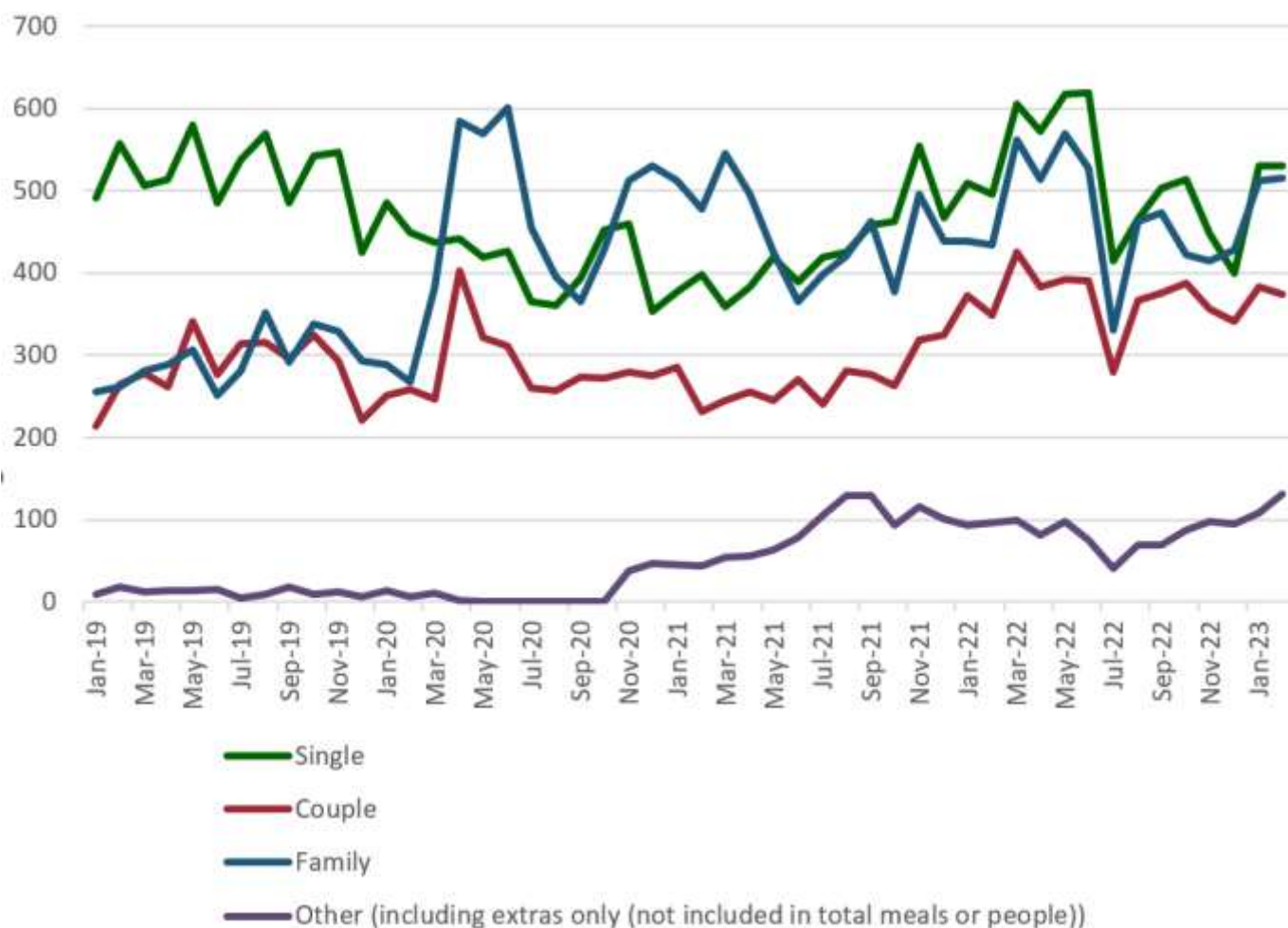
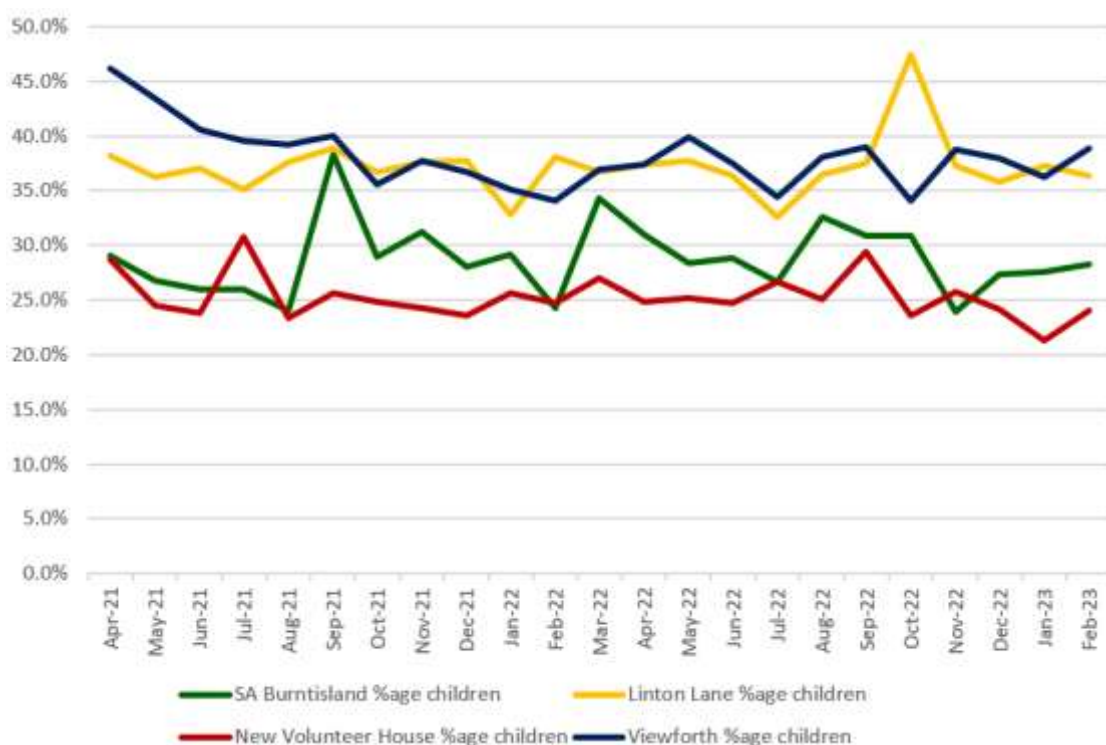


Table showing the total number of adults and children provided with food and the percentage of children (since April 2021, we have been recording the number of adults and children that we are providing with food)

NB: as the adults and children may be provided with food more than once in the month, this is not a count of the total number of individual adults and children we have helped.

	ADULTS	CHILDREN	%AGE CHILDREN
Apr-21	1946	1283	39.7%
May-21	1858	1094	37.1%
Jun-21	1743	959	35.5%
Jul-21	1782	977	35.4%
Aug-21	1919	1082	36.1%
Sep-21	2053	1250	37.8%
Oct-21	1830	937	33.9%
Nov-21	2265	1256	35.7%
Dec-21	2059	1101	34.8%
Jan-22	2166	1063	32.9%
Feb-22	2137	1076	33.5%
Mar-22	2592	1410	35.2%
Apr-22	2374	1278	35.0%
May-22	2540	1445	36.3%
Jun-22	2436	1291	34.6%
Jul-22	1641	779	32.2%
Aug-22	2152	1171	35.2%
Sep-22	2167	1228	36.2%
Oct-22	1855	1086	36.9%
Nov-22	2008	1096	35.3%
Dec-22	2013	1065	34.6%
Jan-23	2385	1209	33.6%
Feb-23	2356	1265	34.9%
TOTAL %AGE CHILDREN			35.3%
TOTAL %AGE CHILDREN IN 2023			34.3%

Graph showing the percentage of children being provided with food at each of our distribution points since April 2021



Graph showing the number of visits to our distribution points since January 2021

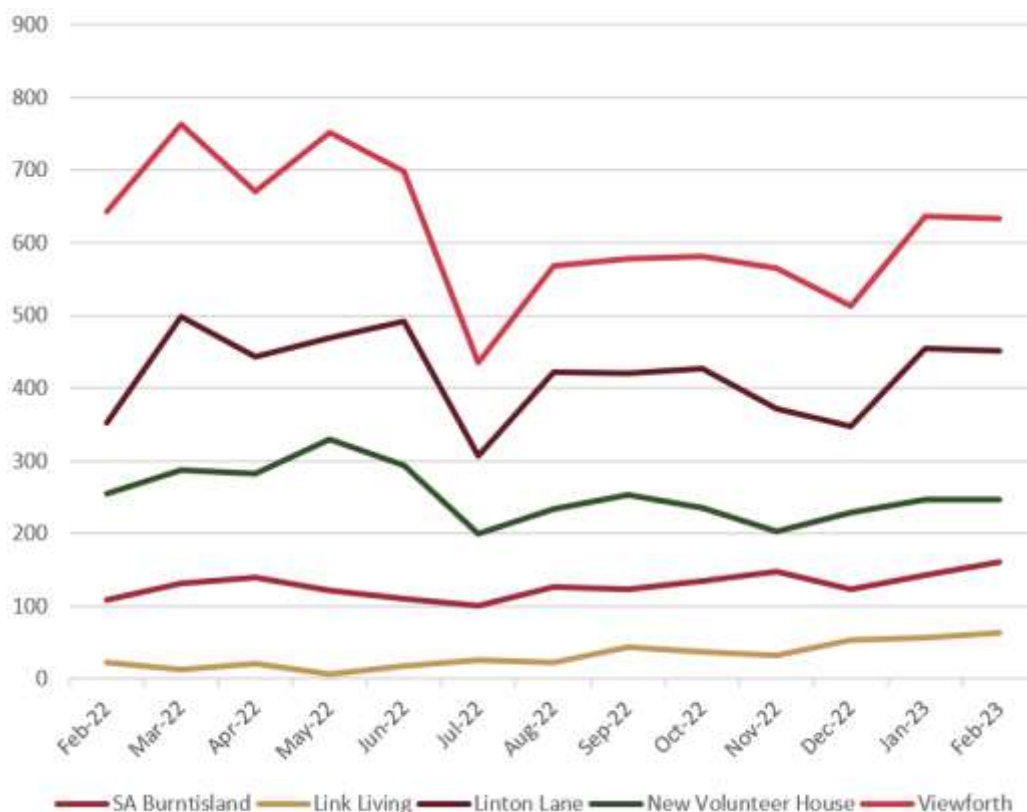


Table showing the percentage of our visits to our distribution points in the past 12 months

	SA Burntisland	Link Living	Linton Lane	New Volunteer House	Viewforth
Feb-22	7.8%	1.6%	25.6%	18.5%	46.6%
Mar-22	7.8%	0.7%	29.5%	16.9%	45.1%
Apr-22	9.0%	1.3%	28.5%	18.1%	43.1%
May-22	7.3%	0.4%	28.0%	19.6%	44.8%
Jun-22	6.9%	1.1%	30.5%	18.2%	43.3%
Jul-22	9.4%	2.4%	28.7%	18.7%	40.7%
Aug-22	9.2%	1.6%	30.8%	17.0%	41.4%
Sep-22	8.7%	3.1%	29.6%	17.9%	40.7%
Oct-22	9.5%	2.6%	30.2%	16.7%	41.1%
Nov-22	11.1%	2.5%	28.2%	15.4%	42.8%
Dec-22	9.7%	4.3%	27.5%	18.1%	40.5%
Jan-23	9.3%	3.6%	29.6%	16.1%	41.4%
Feb-23	10.3%	4.1%	29.0%	15.9%	40.7%
TOTAL	18.5%	1.2%	28.5%	18.3%	44.1%

Graph showing parcel types provided from each of our distribution points in the previous month

