



Data Report: January 2024

(showing data to the end of December 2023)

This report provides data on Foodbank use up to the previous month.

Key messages from the data:

- August was our busiest month ever with 1752 visits (1919 if visits for extras are included). Since then, the number of monthly visits has reduced, with the number of visits in both November and December being similar to previous years (see GRAPH 1 on page 2).
- However, over the whole of 2023, we had 8% more visits than in 2022. (See TABLE 1 on page 2). This figure doesn't include visits for extras – when visits for extras are included, we had 11.5% more visits than in 2022.
- GRAPH 4 on page 4 shows that, since August, there have been decreases in the number of all parcels sizes that we have distributed.
- TABLE 3 shows that the proportion of people receiving food from us who are children has been around 33% throughout 2023. Although this is unacceptably high, it reflects what the [Joseph Rowntree Foundation](#). It also highlights the importance of encouraging parents to claim the Scottish Child Payment (something IFAN has reported is being claimed by too few parents).
- GRAPH 5 on page 5 shows that the proportion of people receiving food who are children continues to be remarkably similar at Viewforth and Linton Lane. The proportion is much lower at New Volunteer House and Burntisland. This is relevant for the services that are targeted at our various centres.
- GRAPHS 7 and 8 on page 7 show the number of different parcel sizes we gave out in the last 2 months at each of our distribution centres. It shows a continued clear difference in the proportion of different parcels given out – there are considerably less family parcels given out at New Volunteer House and Burntisland.

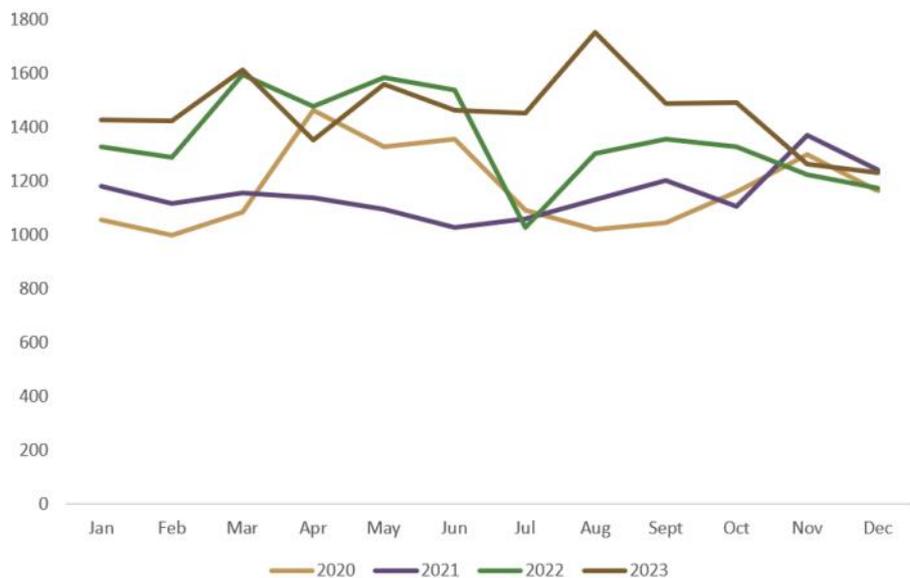
NB: In July 2022 we made significant changes to our way of working as from that date we limited people to one food parcel per week. Previously, we limited people to one every 3 days, so some received more than one parcel in a week. Our volunteers may still provide some extras in the same week, but not more than one food parcel. We required to make these changes as the increase in demand for our services, increases in food prices and reductions in donations meant that we were not financially sustainable. This change is very likely to have reduced the number of visits we record each month since mid-July.

NUMBER OF VISITS TO THE FOODBANK

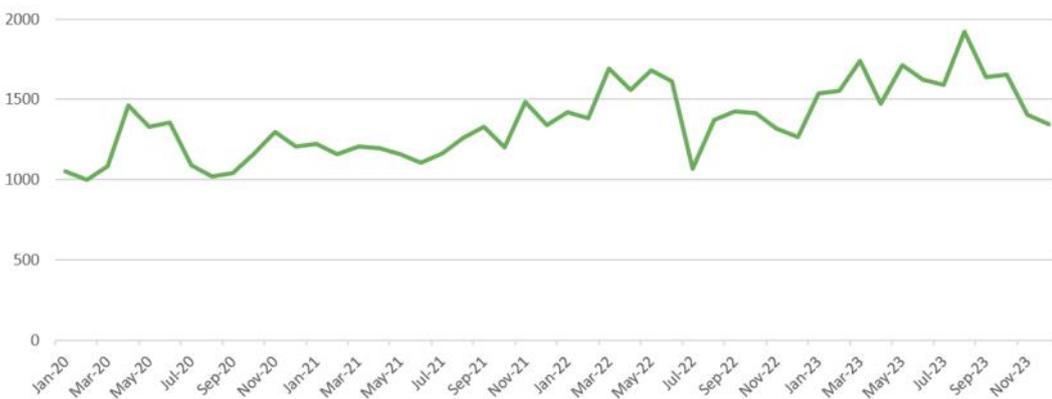
TABLE 1: table showing number of visits (not including visits for extras only) —and the change from the same month in the previous year as a percentage

	2022	2023	% change from 2022
Jan	1326	1427	7.6%
Feb	1285	1424	10.8%
Mar	1595	1612	1.1%
Apr	1475	1352	-8.3%
May	1582	1559	-1.5%
Jun	1537	1462	-4.9%
Jul	1027	1452	41.4%
Aug	1301	1752	34.7%
Sept	1354	1485	9.7%
Oct	1327	1492	12.4%
Nov	1223	1262	3.2%
Dec	1173	1228	4.7%
TOTAL FOR YEAR	16205	17507	8.0%

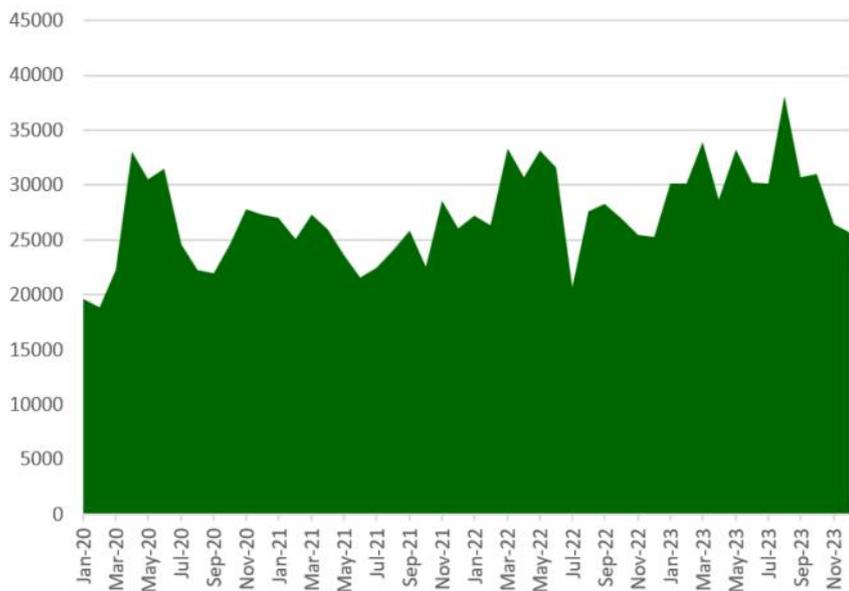
GRAPH 1: Graph showing year on year comparison of the number of visits (not including those for extras only)



GRAPH 2: Graph showing number of visits (including those for extras only)



DIFFERENT PARCEL SIZES DISTRIBUTED AND THE NUMBER OF MEALS PROVIDED



GRAPH 3: Graph showing the total number of meals provided in 2020—2023

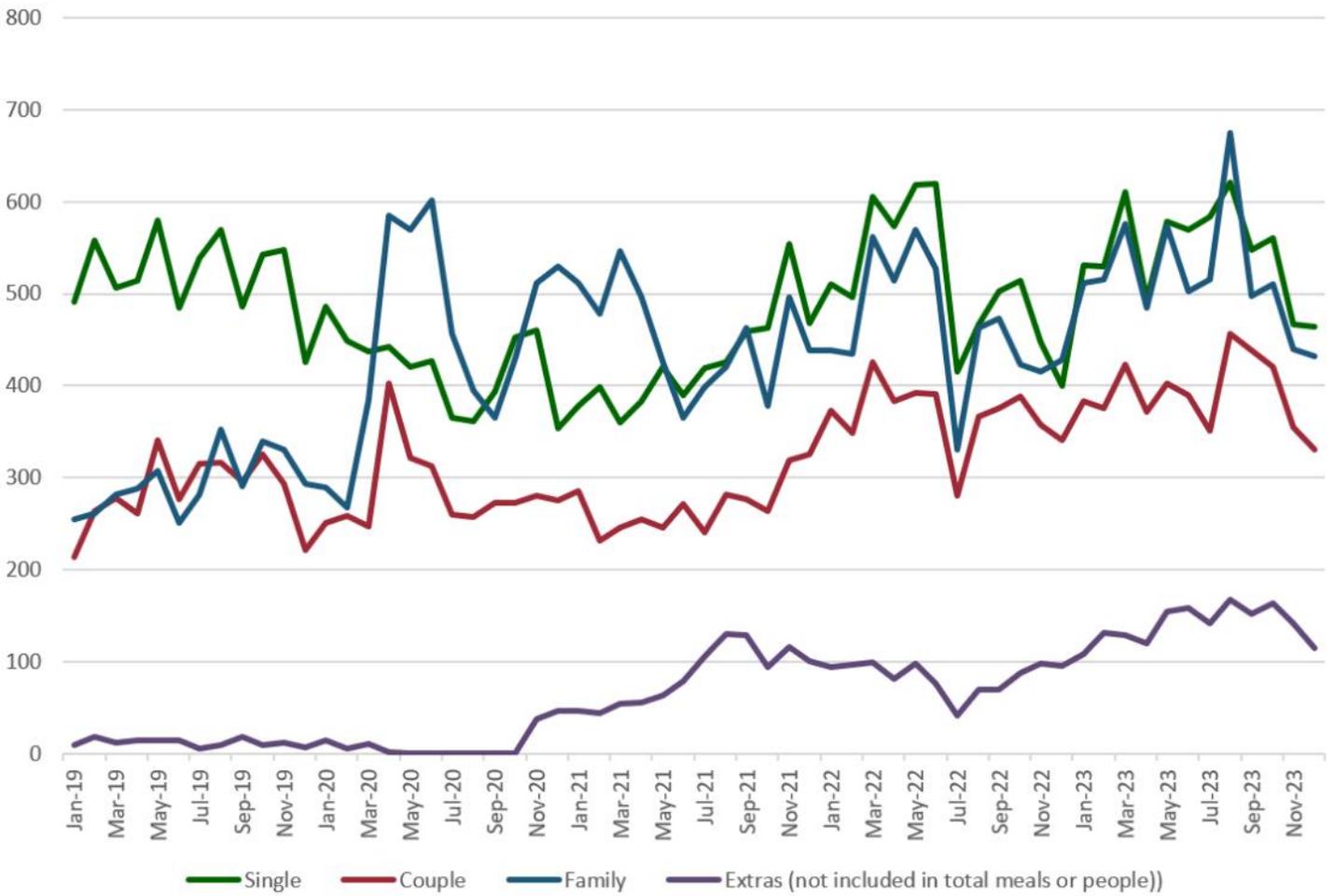
(NB the total number of meals figure is calculated by multiplying the number of parcels x size of parcel (single, couple or family etc) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. As 'Extras only' means that a full parcel was not given on that visit, they have not been taken into account in calculating the total number of meals or people provided with food.)

TABLE 2: table showing data from this and previous year on:

- the number of different parcel sizes given out (including extras)
- the total number of meals provided (see methodology above)
- the percentage change from the previous year in the number of meals provided
- the proportion of single parcels and the proportion of family parcels.

month	Single	Couple	Family	Single + Couple	Extras (not included in total meals or people)	Total number of meals provided	%age change from previous year in number of meals provided	proportion of singles	proportion of family
Jan-22	510	373	439	4	94	27216	0.5%	38.5%	33.1%
Feb-22	496	349	434	3	97	26325	4.8%	38.7%	33.9%
Mar-22	606	426	562	1	99	33381	22.0%	38.0%	35.2%
Apr-22	573	383	514	5	81	30690	18.0%	38.8%	34.8%
May-22	618	392	570	2	98	33192	40.5%	39.1%	36.0%
Jun-22	619	391	527	0	76	31581	46.4%	40.3%	34.3%
Jul-22	415	280	331	1	41	20718	-7.6%	40.4%	32.2%
Aug-22	466	367	463	5	70	27603	14.6%	35.8%	35.6%
Sep-22	503	376	473	0	69	28323	9.5%	37.2%	35.0%
Oct-22	514	388	423	2	88	26892	19.2%	38.7%	31.9%
Nov-22	448	357	415	3	98	25479	-10.9%	36.6%	33.9%
Dec-22	400	341	428	4	95	25254	-3.1%	31.5%	33.8%
Jan-23	531	383	512	1	108	30132	10.7%	37.2%	35.9%
Feb-23	530	375	516	3	131	30177	14.6%	37.2%	36.2%
Mar-23	611	423	576	2	129	33903	1.6%	37.9%	35.7%
Apr-23	494	371	485	2	120	28638	-6.7%	36.5%	35.9%
May-23	579	402	573	5	155	33210	0.1%	37.1%	36.8%
Jun-23	569	390	502	1	158	30240	-4.2%	38.9%	34.3%
Jul-23	583	351	515	3	141	30186	45.7%	40.2%	35.5%
Aug-23	621	456	675	0	167	38097	38.0%	35.4%	38.5%
Sep-23	548	439	498	0	152	30762	8.6%	36.9%	33.5%
Oct-23	560	421	510	1	164	31005	15.3%	37.5%	34.2%
Nov-23	467	355	440	0	142	26433	3.7%	37.0%	34.9%
Dec-23	464	331	432	1	115	25713	1.8%	37.8%	35.2%

GRAPH 4: Graph showing the different parcel sizes given out: 2020—2023

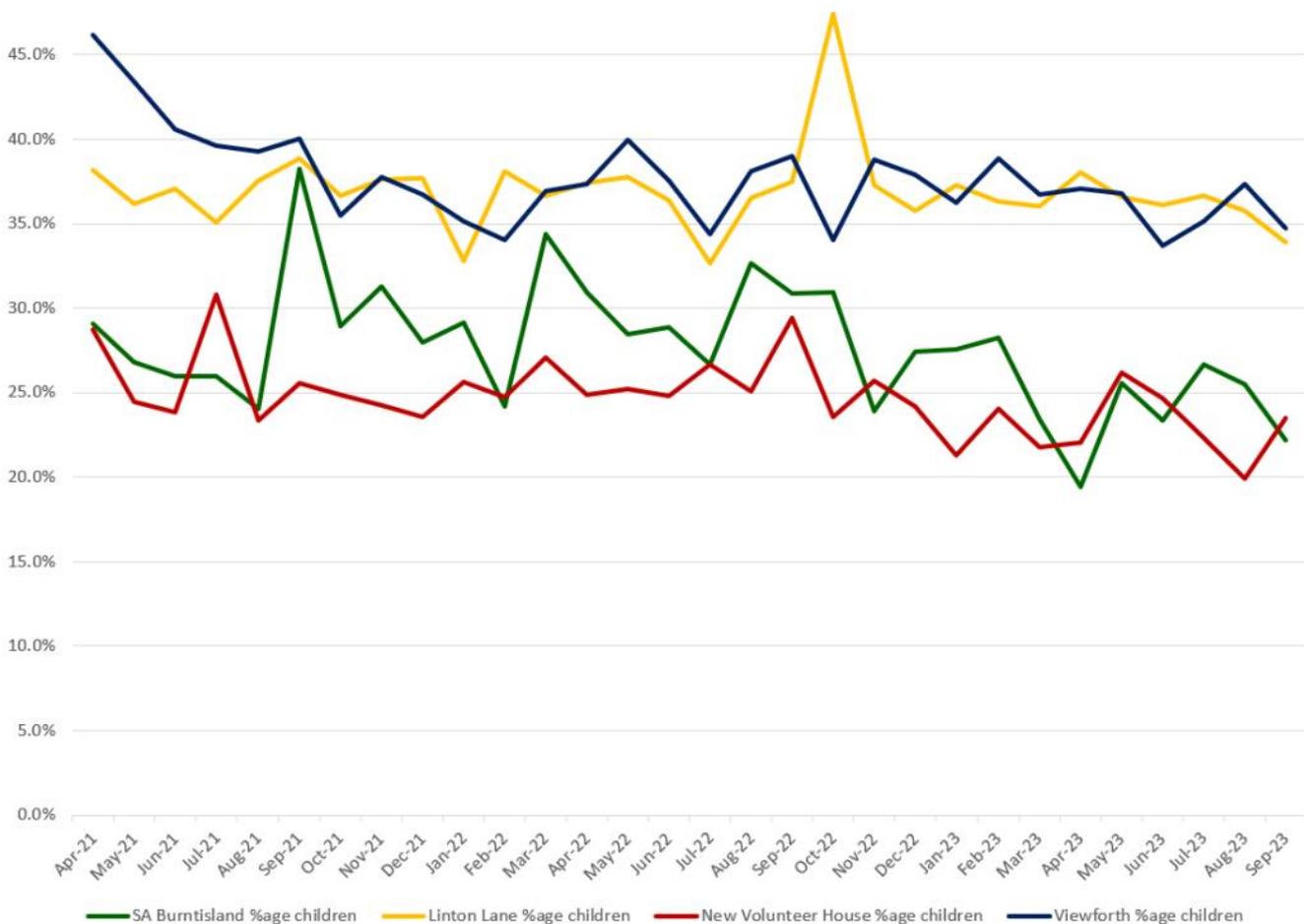


CHILDREN RECEIVING OUR SUPPORT

TABLE 3: Table showing the total number of adults and children provided with food and the percentage of children in the past 12 months *NB: as the adults and children may be provided with food more than once in the month, this is not a count of the total number of individual adults and children we have helped.*

	ADULTS	CHILDREN	%AGE CHILDREN
Jan-23	2385	1209	33.6%
Feb-23	2356	1265	34.9%
Mar-23	2694	1329	33.0%
Apr-23	2251	1153	33.9%
May-23	2640	1370	34.2%
Jun-23	2461	1209	32.9%
Jul-23	2441	1194	32.8%
Aug-23	2716	1389	33.8%
Sep-23	2501	1149	31.5%
Oct-23	2556	1240	32.7%
Nov-23	2192	985	31.0%
Dec-23	2109	963	31.3%
TOTAL %AGE CHILDREN IN 2023			33.0%

GRAPH 5: Graph showing the percentage of children being provided with food at each of our distribution points since April 2021



DISTRIBUTION POINTS

GRAPH 6: Graph showing the number of visits to our distribution points since February 2022

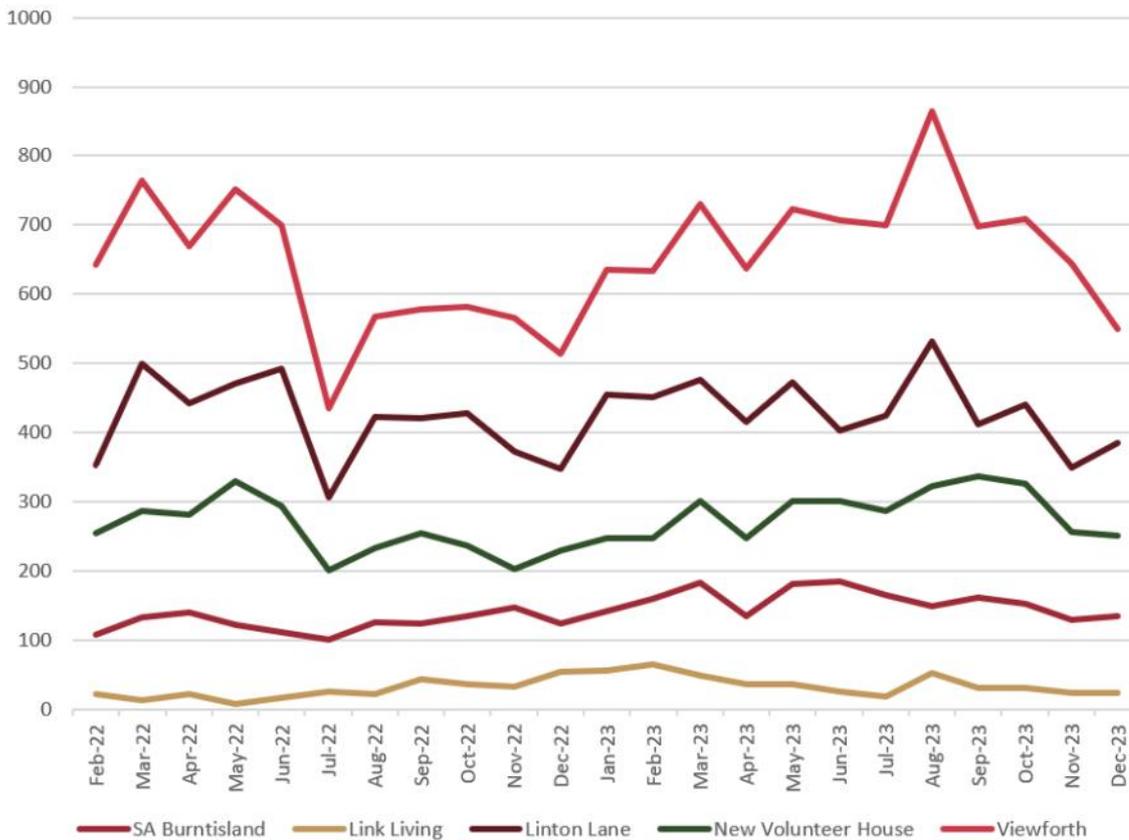


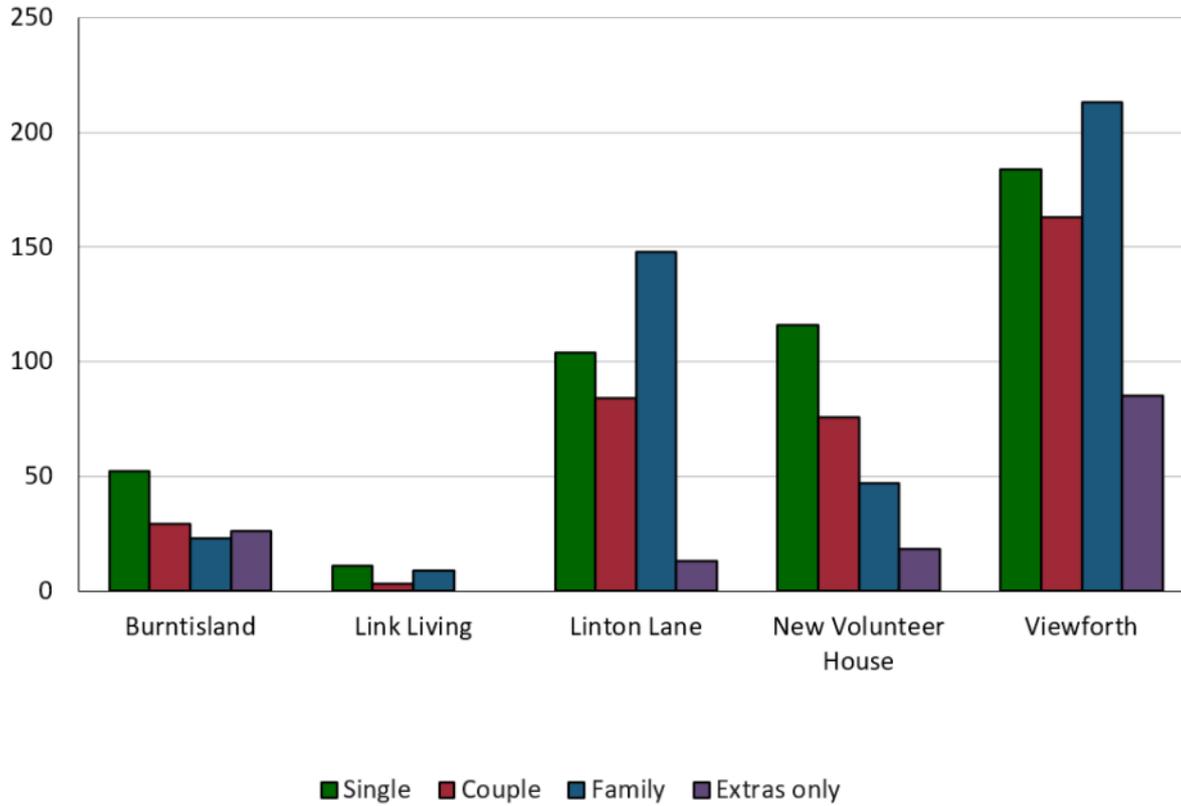
TABLE 4: Table showing the percentage of our visits to our distribution points in the past 12 months

	SA Burntisland	Link Living	Linton Lane	New Volunteer House	Viewforth
Jan-23	9.3%	3.6%	29.6%	16.1%	41.4%
Feb-23	10.3%	4.1%	29.0%	15.9%	40.7%
Mar-23	10.5%	2.8%	27.4%	17.3%	42.0%
Apr-23	9.2%	2.5%	28.2%	16.8%	43.3%
May-23	10.6%	2.1%	27.6%	17.6%	42.2%
Jun-23	11.4%	1.6%	24.8%	18.5%	43.6%
Jul-23	10.4%	1.1%	26.6%	18.0%	43.9%
Aug-23	7.7%	2.8%	27.7%	16.8%	45.0%
Sep-23	9.8%	1.9%	25.1%	20.5%	42.6%
Oct-23	9.2%	1.9%	26.6%	19.6%	42.8%
Nov-23	9.3%	1.6%	24.9%	18.3%	45.9%
Dec-23	10.0%	1.8%	28.7%	18.7%	40.9%
TOTAL FOR 2023	9.8%	2.3%	27.2%	17.8%	42.9%

PARCEL SIZES AT OUR DISTRIBUTION POINTS

GRAPHS 7 AND 8: Graphs showing parcel types provided from each of our distribution points in the last 2 months

November 2023



December 2023

