



Data Report: January 2023

(showing data to the end of December 2022)

This report provides data on Foodbank use from 2019 to the present.

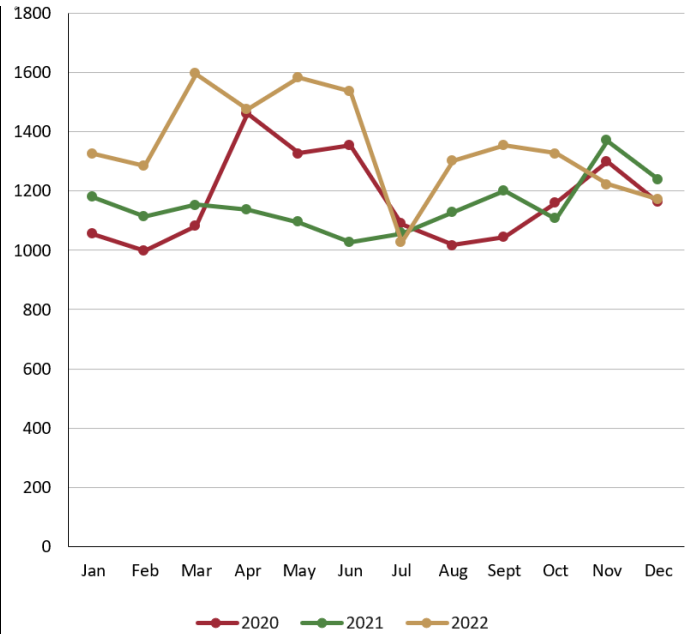
Key messages from the data:

- We saw a reduction in the number of visits in December. However, as is shown in the graph on page 2, this is not unusual for December.
- Since September we have seen a month-on-month reduction in the number of visits each month. As reported in last month's data report, the reduction in November is likely to be connected to the 2nd cost of living payment from the UK Government being paid then. In addition, since July we have made significant changes to our way of working (see below) – that is very likely to have led to a reduction in visits.
- Despite this welcome reduction in visits since September, over the whole of 2022 the total number of visits to the foodbank increased by 17%.
- Throughout 2022, we provided people with enough food for over 330 000 meals—that's an increase of 12% on 2021.
- The graph on page 3 shows that the reduction in visits in November and December was particularly marked in relation to single parcels. In December, we distributed more family parcels than any other type of parcels. However, there has been no increase in the proportion of family parcels we have distributed over this year.
- Since the end of March 2021, we have recorded the number of adults and children who we are providing with food – since then, 35% of those people receiving food from us were children.
- The percentage of children receiving food in our various distribution points continues to vary – from 24-27% at New Volunteer House and Burntisland, to 36-41% at Linton Lane, Viewforth and Link Living.
- The graph on page 5 shows that Viewforth, Linton Lane and Burntisland all saw reductions in the number of visits. However, this was not seen at New Volunteer House where there was a very slight increase.
- The graph on page 6 shows the number of different parcel sizes we gave out in December at each of our distribution centres. It shows a clear difference in the proportion of different parcels given out – there are considerably less family parcels given out at New Volunteer House and Burntisland. At both Linton Lane and Viewforth, the most common parcel size was family parcels. The number of extras given out at Burntisland was proportionately much higher than at any other centres.

NB: Since 18 July 2022, we have made significant changes to our way of working as from that date we limited people to one food parcel per week. Previously, we limited people to one every 3 days, so some received more than one parcel in a week. Our volunteers may still provide some extras in the same week, but not more than one food parcel. We required to make these changes as the increase in demand for our services, increases in food prices and reductions in donations meant that we were not financially sustainable. This change is very likely to have reduced the number of visits we record each month since mid-July.

Table and graph showing number of visits in 2020, 2021 and 2022 —the table also shows the change from the same month in the previous year as a percentage

	2019	2020	2021	2022	% change from 2021
Jan	977	1053	1179	1326	12.5%
Feb	1108	999	1114	1285	15.4%
Mar	1088	1083	1153	1595	38.3%
Apr	1102	1461	1138	1475	29.6%
May	1250	1327	1095	1582	44.5%
Jun	1032	1355	1027	1537	49.7%
Jul	1147	1089	1057	1027	-2.8%
Aug	1255	1018	1129	1301	15.2%
Sept	1099	1044	1202	1354	12.6%
Oct	1222	1159	1106	1327	20.0%
Nov	1188	1299	1370	1223	-10.7%
Dec	955	1161	1239	1173	-5.3%
TOTAL FOR YEAR	13423	14048	13809	16205	17.4%



Graphs and table showing the different parcel sizes given out and the total number of meals provided in 2020—2022 (table and one graph on next page)

(NB the total number of meals figure is calculated by multiplying the number of parcels x size of parcel (single, couple or family etc) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. As 'Extras only' means that a full parcel was not given on that visit, they have not been taken into account in calculating the total number of meals or people provided with food.)

Graph showing the total number of meals provided

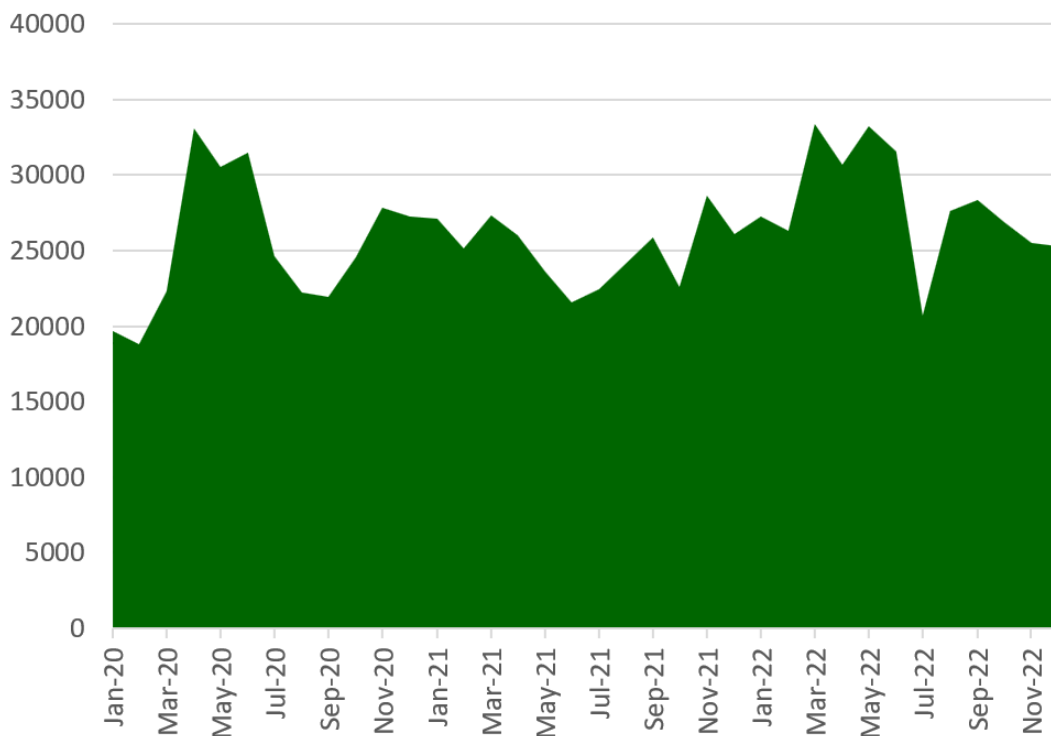
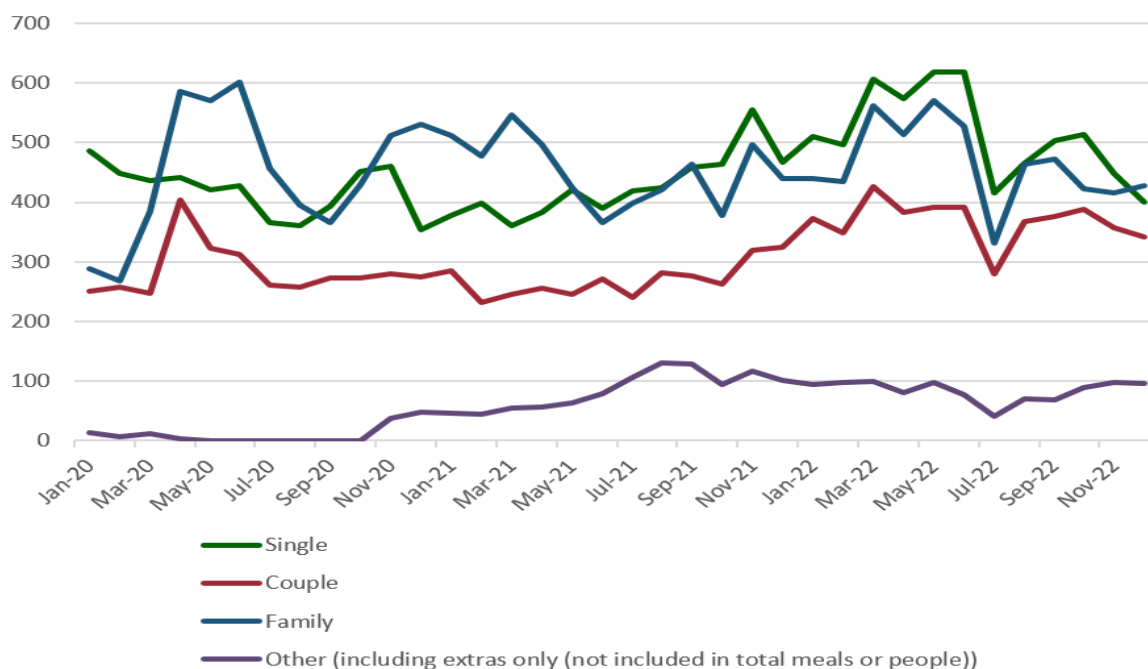


Table showing the different parcel sizes given out and the total number of meals provided in this and the previous year

month	Single	Couple	Family	Other (including extras only (not included in total meals or people))	Total number of meals provided	%age change from previous year in number of meals provided	proportion of singles	proportion of family
Jan-20	486	251	289	14	19647	11.2%	46.78%	27.82%
Feb-20	449	258	268	6	18819	-2.8%	45.22%	26.99%
Jan-21	378	285	512	46	27072	37.8%	32.06%	43.43%
Feb-21	399	231	478	44	25119	33.5%	35.82%	42.91%
Mar-21	360	245	546	54	27360	22.6%	31.22%	47.35%
Apr-21	383	255	496	56	26001	-21.4%	33.66%	43.59%
May-21	420	245	425	63	23625	-22.5%	38.36%	38.81%
Jun-21	389	271	365	78	21573	-31.5%	37.88%	35.54%
Jul-21	419	240	398	106	22419	-8.9%	39.64%	37.65%
Aug-21	425	281	421	130	24093	8.4%	37.64%	37.29%
Sep-21	459	277	463	129	25866	18.0%	38.19%	38.52%
Oct-21	463	263	378	94	22563	-8.2%	41.86%	34.18%
Nov-21	554	319	496	116	28611	2.7%	40.44%	36.20%
Dec-21	468	325	439	101	26055	-4.5%	37.77%	35.43%
Jan-22	510	373	439	94	27216	0.5%	38.46%	33.11%
Feb-22	496	349	434	97	26325	4.8%	38.69%	33.85%
Mar-22	606	426	562	99	33381	22.0%	37.99%	35.24%
Apr-22	573	383	514	81	30690	18.0%	38.85%	34.85%
May-22	618	392	570	98	33192	40.5%	39.06%	36.03%
Jun-22	619	391	527	76	31581	46.4%	40.27%	34.29%
Jul-22	415	280	331	41	20718	-7.6%	40.41%	32.23%
Aug-22	466	367	463	70	27603	14.6%	35.82%	35.59%
Sep-22	503	376	473	69	28323	9.5%	37.20%	34.99%
Oct-22	514	388	423	88	26892	19.2%	38.73%	31.88%
Nov-22	448	357	415	98	25479	-10.9%	36.63%	33.93%
Dec-22	400	341	428	95	25254	-3.1%	34.10%	36.49%
TOTAL FOR 2022	6168	4423	5579	1006	336,654	12.1%	38.07%	34.44%

Graph showing the different parcel sizes given out: 2020—2022



Tables showing the total number of adults and children provided with food and the numbers at each distribution point (since April 2021, we have been recording the number of adults and children that we are providing with food)

NB: as the adults and children may be provided with food more than once in the month, this is not a count of the total number of individual adults and children we have helped.

	ADULTS	CHILDREN	%AGE CHILDREN
Apr-21	1946	1283	39.7%
May-21	1858	1094	37.1%
Jun-21	1743	959	35.5%
Jul-21	1782	977	35.4%
Aug-21	1919	1082	36.1%
Sep-21	2053	1250	37.8%
Oct-21	1830	937	33.9%
Nov-21	2265	1256	35.7%
Dec-21	2059	1101	34.8%
Jan-22	2166	1063	32.9%
Feb-22	2137	1076	33.5%
Mar-22	2592	1410	35.2%
Apr-22	2374	1278	35.0%
May-22	2540	1445	36.3%
Jun-22	2436	1291	34.6%
Jul-22	1641	779	32.2%
Aug-22	2152	1171	35.2%
Sep-22	2167	1228	36.2%
Oct-22	1855	1086	36.9%
Nov-22	2008	1096	35.3%
Dec-22	2013	1065	34.6%
TOTAL %AGE CHILDREN			35.4%

	SA Burntisland			Link Living			Linton Lane			New Volunteer House			Viewforth		
	A	C	%age children	A	C	%age children	A	C	%age children	A	C	%age children	A	C	%age children
Jan-22	124	51	29.1%	40	27	40.3%	621	303	32.8%	337	116	25.6%	1044	566	35.2%
Feb-22	144	46	24.2%	29	28	49.1%	552	340	38.1%	368	121	24.7%	1043	538	34.0%
Mar-22	172	90	34.4%	19	7	26.9%	765	443	36.7%	407	151	27.1%	1229	719	36.9%
Apr-22	185	83	31.0%	37	20	35.1%	676	404	37.4%	411	136	24.9%	1065	635	37.4%
May-22	146	58	28.4%	11	0	0.0%	708	430	37.8%	480	162	25.2%	1195	795	39.9%
Jun-22	148	60	28.8%	25	9	26.5%	758	434	36.4%	428	141	24.8%	1077	647	37.5%
Jul-22	146	53	26.6%	39	28	41.8%	462	224	32.7%	292	106	26.6%	702	368	34.4%
Aug-22	190	92	32.6%	33	18	35.3%	673	387	36.5%	350	117	25.1%	906	557	38.1%
Sep-22	170	76	30.9%	65	26	28.6%	673	403	37.5%	367	153	29.4%	892	570	39.0%
Oct-22	181	81	30.9%	50	9	15.3%	569	513	47.4%	298	92	23.6%	757	391	34.1%
Nov-22	197	62	23.9%	38	25	39.7%	581	345	37.3%	315	109	25.7%	877	555	38.8%
Dec-22	167	63	27.4%	76	54	41.5%	558	311	35.8%	354	113	24.2%	858	524	37.9%
TOTAL %AGE CHILDREN			28.9%			33.3%			37.2%			25.5%			38.2%

Graph showing the number of visits to our distribution points since January 2021

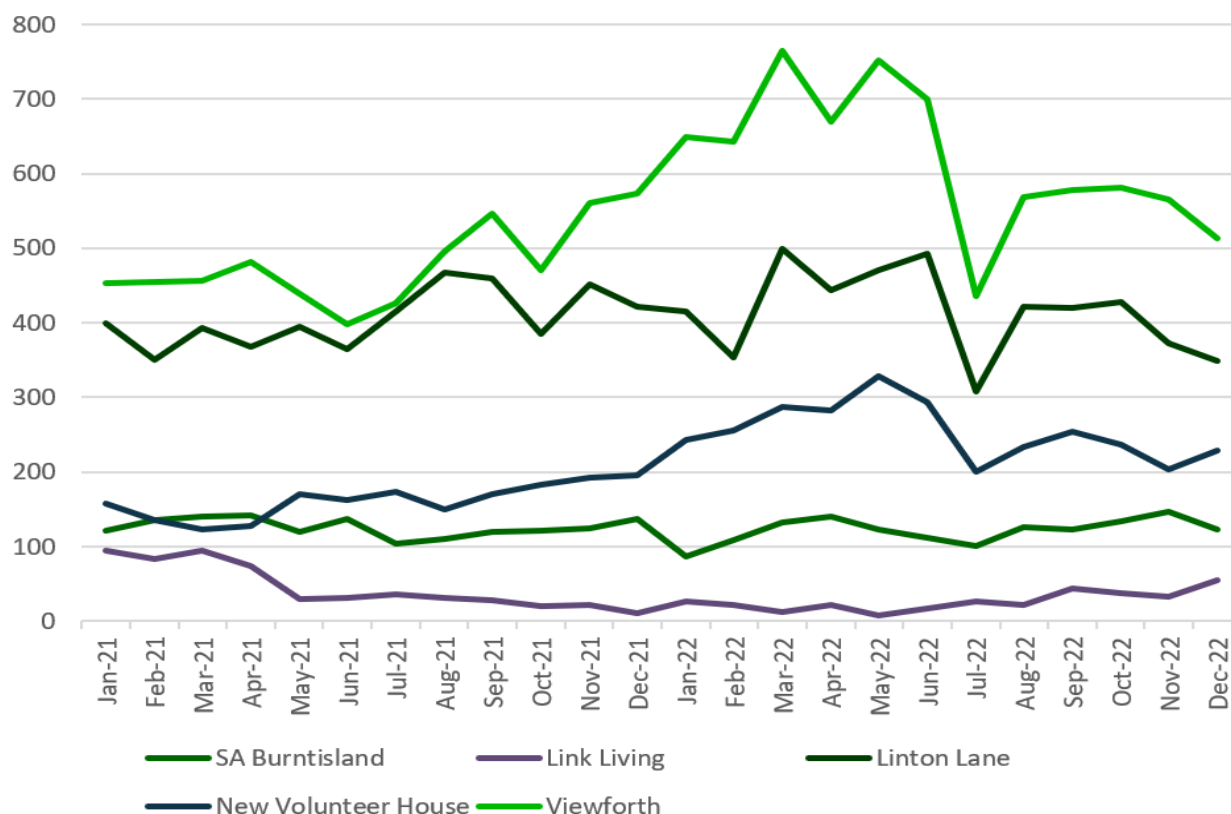


Table showing the percentage of our visits to our distribution points in the past 12 months

	SA Burntisland	Link Living	Linton Lane	New Volunteer House	Viewforth
Jan-22	6.1%	1.8%	29.2%	17.1%	45.7%
Feb-22	7.8%	1.6%	25.6%	18.5%	46.6%
Mar-22	7.8%	0.7%	29.5%	16.9%	45.1%
Apr-22	9.0%	1.3%	28.5%	18.1%	43.1%
May-22	7.3%	0.4%	28.0%	19.6%	44.8%
Jun-22	6.9%	1.1%	30.5%	18.2%	43.3%
Jul-22	9.4%	2.4%	28.7%	18.7%	40.7%
Aug-22	9.2%	1.6%	30.8%	17.0%	41.4%
Sep-22	8.7%	3.1%	29.6%	17.9%	40.7%
Oct-22	9.5%	2.6%	30.2%	16.7%	41.1%
Nov-22	11.1%	2.5%	28.2%	15.4%	42.8%
Dec-22	9.7%	4.3%	27.5%	18.1%	40.5%
TOTAL	11.7%	2.9%	31.0%	15.3%	40.6%

Graph showing parcel types provided from each of our distribution points in the previous month

