



NEWS BITES



December 2022



*Wishing
All Our Supporters
A Joyous Christmas
And a Happy and Peaceful
2023*

What We Did in 2022

It has been another busy year. Visits to the Foodbank have increased by 20%. As well as demand, food costs also increased, resulting in us spending an average of over £17 000 per month on food. This led to the reluctant decision to reduce food parcel distribution to one parcel a week per client, rather than one every three days.

However, volunteers are able to provide extras when needed.

Over the past year, 35% of those receiving food from us have children.

Our 140 volunteers have been kept very busy!

A Message to our Supporters From the Chairman

As we come to the end of 2022, a very busy and challenging year for Kirkcaldy Foodbank, I would express our appreciation for all your ongoing support. We continue to stay in solidarity with the most vulnerable, the forgotten or neglected in society, and we will continue to do so until a more compassionate and considered safety-net is put in place across modern society. You enable us to do this—and it is likely to be needed for much longer. What you enable is crucially important—please continue to do so; the difference you make is real and tangible in many lives that you may not see.



Take care, *Ian*

Local Organisations Provide Extra Support to Food Bank Clients

Many of our clients are in need of more than a bag of food, and we are grateful to a number of organisations who attend at our various locations to provide this. These organisations are:

- Citizens Advice & Right Fife (CARF). Martin attends at Linton Lane and Viewforth.
- Fife Council's Community Development and Welfare Support team and Community Social Work team in both Linton Lane and Viewforth.
- Christians Against Poverty, supported by Burntisland Parish Church, provide financial and debt advice at Burntisland.

OUR MISSION

**That nobody in the Kirkcaldy area goes hungry
and that everybody shares what they have.**

YOU make that possible

THANK YOU

