



Data Report: February 2023

(showing data to the end of January 2023)

This report provides data on Foodbank use from 2019 to the present.

Key messages from the data:

- After a reduction in visits since September last year, we saw a significant increase in January. We had nearly 8% more visits than in January 2022. That increase is in spite of the changes we made July 2022 to limit people to one parcel per week (see below).
- The graph on page 3 shows that the increase in visits in January was particularly marked in relation to single and family parcels. However, there has been no real increase in the proportion of family parcels we have distributed over the past year – it has fluctuated between 32 and 36% of the parcels we have distributed every month.
- Since the end of March 2021, we have recorded the number of adults and children who we are providing with food – since then, 35% of those people receiving food from us were children.
- The percentage of children receiving food in our various distribution points continues to vary – from 21-28% at New Volunteer House and Burntisland, to 37% at Linton Lane and Viewforth.
- The graph on page 5 shows that the increase in visits in January was particularly evident at Viewforth and Linton Lane.
- The graph on page 6 shows the number of different parcel sizes we gave out in January at each of our distribution centres. It shows a continued clear difference in the proportion of different parcels given out – there are considerably less family parcels given out at New Volunteer House and Burntisland. At both Linton Lane and Viewforth, the most common parcel size was family parcels. The number of extras given out at Burntisland was again proportionately much higher than at any other centres, with more extras being given out than both couple and family parcels.

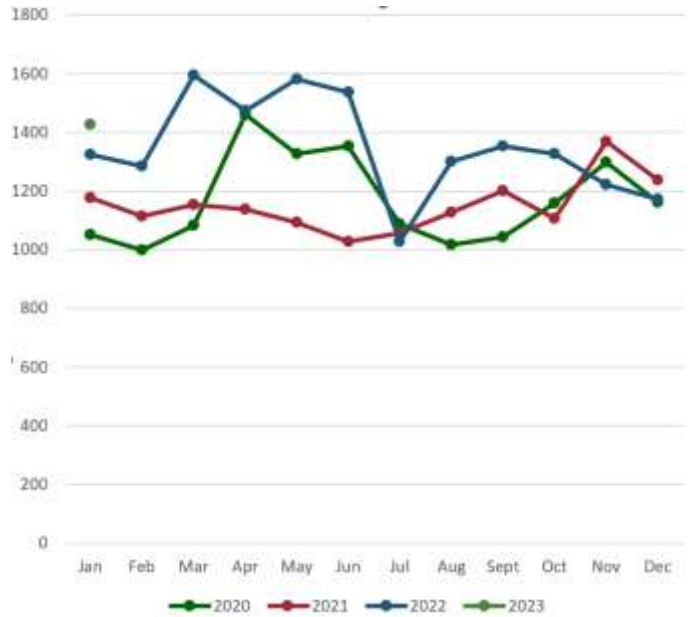
NB: Since 18 July 2022, we have made significant changes to our way of working as from that date we limited people to one food parcel per week. Previously, we limited people to one every 3 days, so some received more than one parcel in a week. Our volunteers may still provide some extras in the same week, but not more than one food parcel. We required to make these changes as the increase in demand for our services, increases in food prices and reductions in donations meant that we were not financially sustainable. This change is very likely to have reduced the number of visits we record each month since mid-July.

We sometimes include brief stories in our data reports as a reminder that, behind every visit recorded in our report, there is a story of an individual and reasons why they had to come to our foodbank. Here is one (the name has been changed to protect confidentiality):

Mark came back to the foodbank for the first time in a while. He said he had successfully applied for carers allowance for his wife, but was then told he had therefore been overpaid Universal Credit. As a result, the Universal Credit was stopped until the overpayment had been clawed back, resulting in him needing the help of the foodbank.

Table and graph showing number of visits in 2020, 2021 and 2022 —the table also shows the change from the same month in the previous year as a percentage

	2020	2021	2022	2023	% change from previous year
Jan	1053	1179	1326	1427	7.6%
Feb	999	1114	1285		15.4%
Mar	1083	1153	1595		38.3%
Apr	1461	1138	1475		29.6%
May	1327	1095	1582		44.5%
Jun	1355	1027	1537		49.7%
Jul	1089	1057	1027		-2.8%
Aug	1018	1129	1301		15.2%
Sept	1044	1202	1354		12.6%
Oct	1159	1106	1327		20.0%
Nov	1299	1370	1223		-10.7%
Dec	1161	1239	1173		-5.3%



Graphs and table showing the different parcel sizes given out and the total number of meals provided in 2020—2023 (table and one graph on next page)

(NB the total number of meals figure is calculated by multiplying the number of parcels x size of parcel (single, couple or family etc) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. As 'Extras only' means that a full parcel was not given on that visit, they have not been taken into account in calculating the total number of meals or people provided with food.)

Graph showing the total number of meals provided

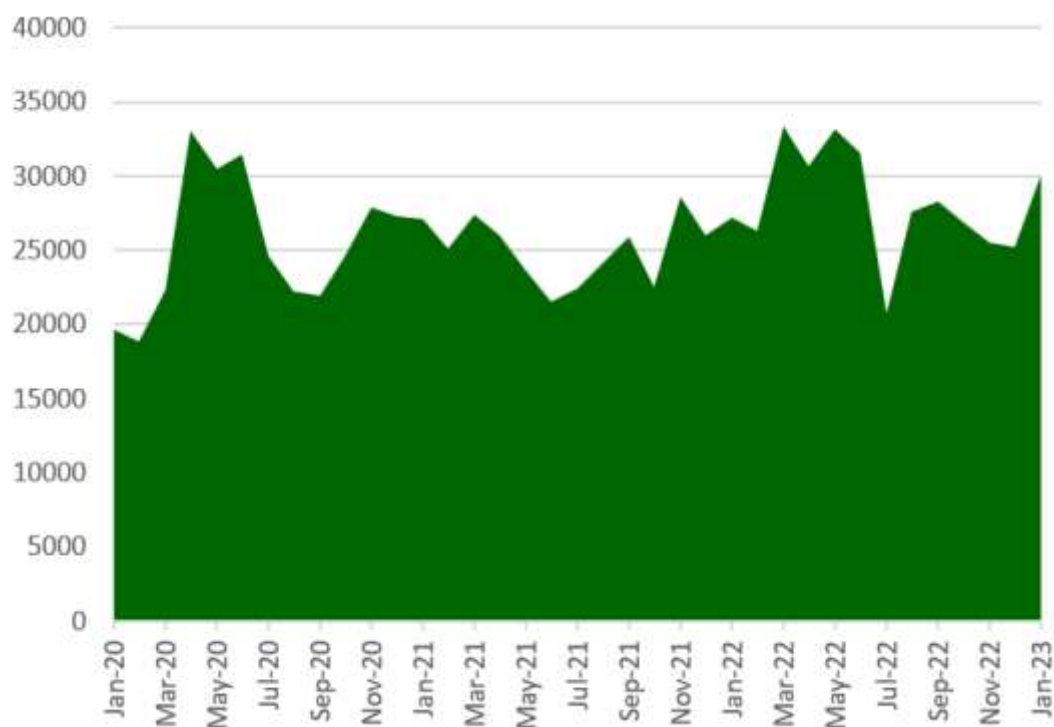
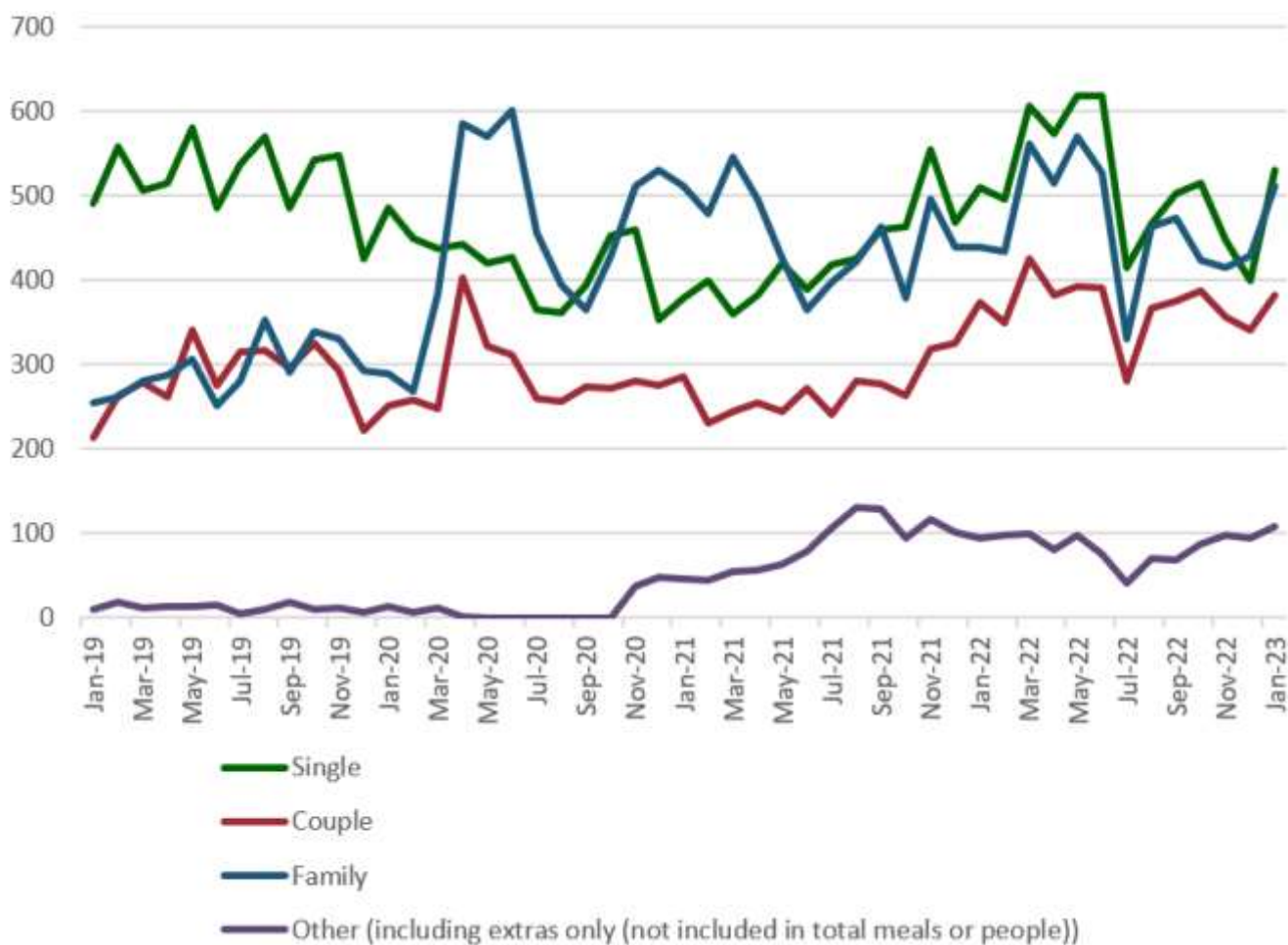


Table showing the different parcel sizes given out and the total number of meals provided in this and the previous year

month	Single	Couple	Family	Single + Couple	Other (including extras only (not included in total meals or people))	Total number of meals provided	%age change from previous year in number of meals provided	proportion of singles	proportion of family
Jan-22	510	373	439	4	94	27216	0.5%	38.46%	33.11%
Feb-22	496	349	434	3	97	26325	4.8%	38.69%	33.85%
Mar-22	606	426	562	1	99	33381	22.0%	37.99%	35.24%
Apr-22	573	383	514	5	81	30690	18.0%	38.85%	34.85%
May-22	618	392	570	2	98	33192	40.5%	39.06%	36.03%
Jun-22	619	391	527	0	76	31581	46.4%	40.27%	34.29%
Jul-22	415	280	331	1	41	20718	-7.6%	40.41%	32.23%
Aug-22	466	367	463	5	70	27603	14.6%	35.82%	35.59%
Sep-22	503	376	473	0	69	28323	9.5%	37.20%	34.99%
Oct-22	514	388	423	2	88	26892	19.2%	38.73%	31.88%
Nov-22	448	357	415	3	98	25479	-10.9%	36.63%	33.93%
Dec-22	400	341	428	4	95	25254	-3.1%	34.10%	36.49%
Jan-23	531	383	512	1	108	30132	10.7%	37.21%	35.88%

Graph showing the different parcel sizes given out: 2020—2023



Tables showing the total number of adults and children provided with food and the numbers at each distribution point (since April 2021, we have been recording the number of adults and children that we are providing with food)

NB: as the adults and children may be provided with food more than once in the month, this is not a count of the total number of individual adults and children we have helped.

	ADULTS	CHILDREN	%AGE CHILDREN
Apr-21	1946	1283	39.7%
May-21	1858	1094	37.1%
Jun-21	1743	959	35.5%
Jul-21	1782	977	35.4%
Aug-21	1919	1082	36.1%
Sep-21	2053	1250	37.8%
Oct-21	1830	937	33.9%
Nov-21	2265	1256	35.7%
Dec-21	2059	1101	34.8%
Jan-22	2166	1063	32.9%
Feb-22	2137	1076	33.5%
Mar-22	2592	1410	35.2%
Apr-22	2374	1278	35.0%
May-22	2540	1445	36.3%
Jun-22	2436	1291	34.6%
Jul-22	1641	779	32.2%
Aug-22	2152	1171	35.2%
Sep-22	2167	1228	36.2%
Oct-22	1855	1086	36.9%
Nov-22	2008	1096	35.3%
Dec-22	2013	1065	34.6%
Jan-23	2385	1209	33.6%
TOTAL %AGE CHILDREN			35.3%

	SA Burntisland			Link Living			Linton Lane			New Volunteer House			Viewforth		
	A	C	%age chil-	A	C	%age chil-	A	C	%age chil-	A	C	%age	A	C	%age chil-
Jan-22	124	51	29.1%	40	27	40.3%	621	303	32.8%	337	116	25.6%	1044	566	35.2%
Feb-22	144	46	24.2%	29	28	49.1%	552	340	38.1%	368	121	24.7%	1043	538	34.0%
Mar-22	172	90	34.4%	19	7	26.9%	765	443	36.7%	407	151	27.1%	1229	719	36.9%
Apr-22	185	83	31.0%	37	20	35.1%	676	404	37.4%	411	136	24.9%	1065	635	37.4%
May-22	146	58	28.4%	11	0	0.0%	708	430	37.8%	480	162	25.2%	1195	795	39.9%
Jun-22	148	60	28.8%	25	9	26.5%	758	434	36.4%	428	141	24.8%	1077	647	37.5%
Jul-22	146	53	26.6%	39	28	41.8%	462	224	32.7%	292	106	26.6%	702	368	34.4%
Aug-22	190	92	32.6%	33	18	35.3%	673	387	36.5%	350	117	25.1%	906	557	38.1%
Sep-22	170	76	30.9%	65	26	28.6%	673	403	37.5%	367	153	29.4%	892	570	39.0%
Oct-22	181	81	30.9%	50	9	15.3%	569	513	47.4%	298	92	23.6%	757	391	34.1%
Nov-22	197	62	23.9%	38	25	39.7%	581	345	37.3%	315	109	25.7%	877	555	38.8%
Dec-22	167	63	27.4%	76	54	41.5%	558	311	35.8%	354	113	24.2%	858	524	37.9%
Jan-23	197	75	27.6%	75	27	26.5%	720	428	37.3%	380	103	21.3%	1013	576	36.2%
TOTAL %AGE CHILDREN			28.9%			31.3%			37.2%			25.2%			36.9%

Graph showing the number of visits to our distribution points since January 2021

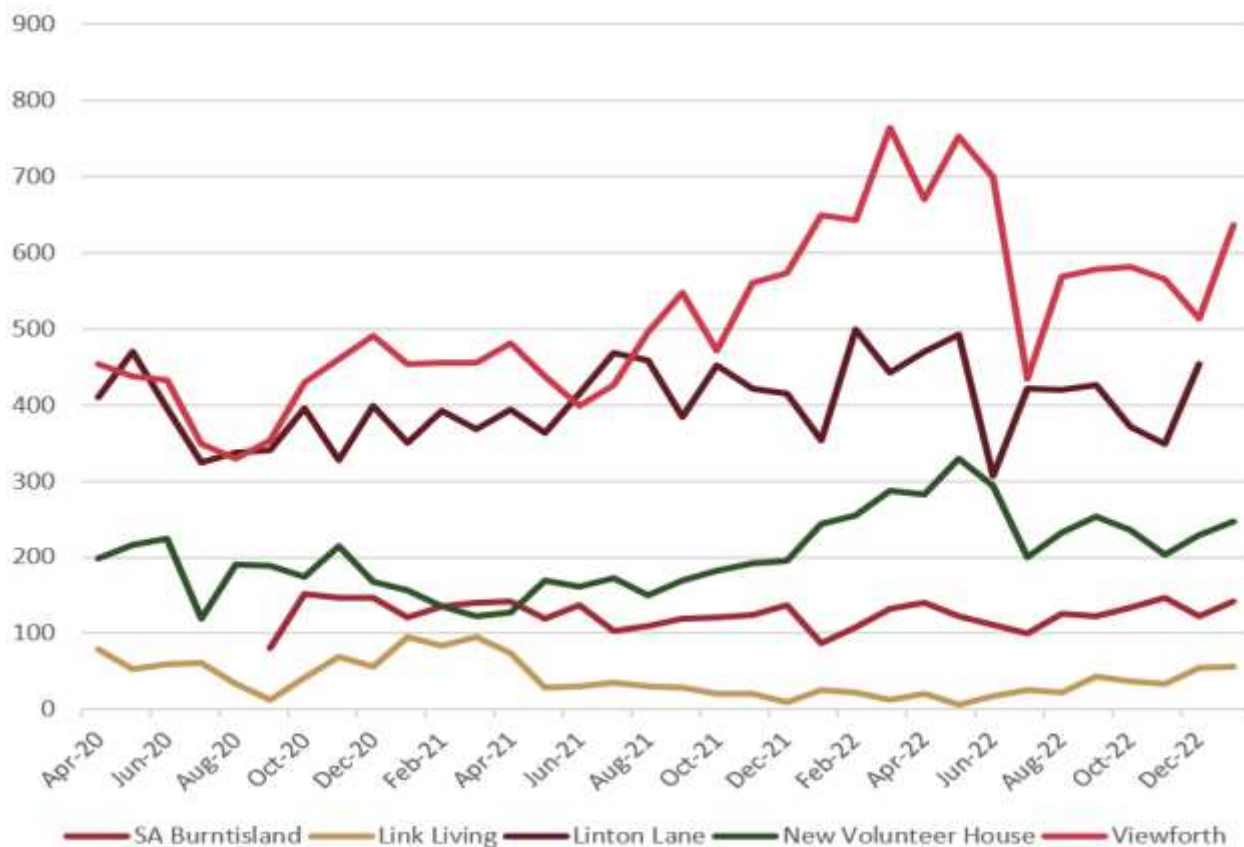


Table showing the percentage of our visits to our distribution points in the past 12 months

	SA Burntisland	Link Living	Linton Lane	New Volunteer House	Viewforth
Feb-22	7.8%	1.6%	25.6%	18.5%	46.6%
Mar-22	7.8%	0.7%	29.5%	16.9%	45.1%
Apr-22	9.0%	1.3%	28.5%	18.1%	43.1%
May-22	7.3%	0.4%	28.0%	19.6%	44.8%
Jun-22	6.9%	1.1%	30.5%	18.2%	43.3%
Jul-22	9.4%	2.4%	28.7%	18.7%	40.7%
Aug-22	9.2%	1.6%	30.8%	17.0%	41.4%
Sep-22	8.7%	3.1%	29.6%	17.9%	40.7%
Oct-22	9.5%	2.6%	30.2%	16.7%	41.1%
Nov-22	11.1%	2.5%	28.2%	15.4%	42.8%
Dec-22	9.7%	4.3%	27.5%	18.1%	40.5%
Jan-23	9.3%	3.6%	29.6%	16.1%	41.4%
TOTAL	16.8%	1.2%	28.5%	18.3%	44.1%

Graph showing parcel types provided from each of our distribution points in the previous month

